Gear List

Here is our recommended gear list. The most important thing is that you’re comfortable and like to use/wear what you’re bringing with you, so don’t be afraid to veer from this list. For example, if you’re someone who hikes barefoot, maybe you don’t need to bring hiking boots. Feel free to contact us with any questions or clarifications!

If you live a plane ride away and don’t want to carry so much gear with you, there are stores nearby you can buy certain things like tent, tarps, sleeping bags, clothes etc. when you arrive.

Sleeping Setup:

* tent with ground tarp **or** tarp and very fine mesh mosquito netting. You may also want another tarp for a dry covered space outside your sleeping setup. Tarps should heavy duty, good quality & at least 10x12. They could be canvas, nylon or plastic.
* Sleeping pad(s)
* Sleeping bag (ideally rated 20degrees or better) and/or wool blankets.
* Pillow

Clothing:

We recommend natural fibers (wool, silk, linen, cotton) for clothing as they are more durable, fire resistant, and don’t get stinky as quickly as synthetic clothes. It is okay to bring synthetic clothing too if that’s what you have or like to wear.

* Sun hat and/or sunglasses
* Lightweight long sleeve shirts for sun and bugs.
* Lightweight long pants/skirts for sun and bugs.
* Long underwear top & bottom
* Rain gear and rain boots
* Wool sweaters, shirts or a jacket.
* Wool hat
* Wool or warm pants/skirt (this can be expensive so its okay if you don’t bring this! Just bring warm pants)
* Hiking shoes, sneakers, or boots.
* Comfortable everyday shoes
* Warm socks
* Whatever else you like to wear during summer and fall seasons

Gear:

* 2 water bottles. Ideally one is heavy duty single wall stainless steel.
* Cordage for tarp setup and other things (ideally bankline, paracord is okay)
* Headlamp
* Fixed blade carbon knife. We recommend Mora knives which we have available for purchase if needed. $20 for a regular blade, and $30 for the heavy duty blade.
* Hand saw, folding or with sheath. We have silky hand saws (pocket boy 170) for $40.
* Toiletries; towel, biodegradable soap, etc
* Journal and pencils

Other:

* Maine saltwater and/or freshwater fishing license, if you would like to go fishing. (<https://www.maine.gov/dmr/recreational-fishing/licenses/registry.html>).
* Optional:
* Camera/phone. There is a solar charging station with a USB port for charging.
* Musical instruments
* Fishing pole (we have some, so only if you have your own that you like to use)